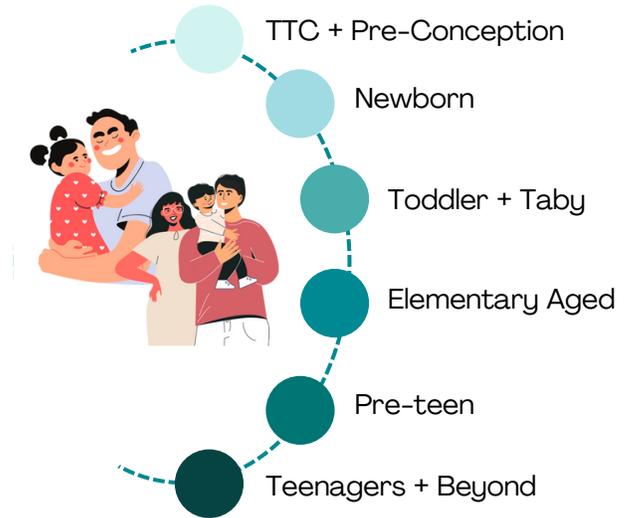


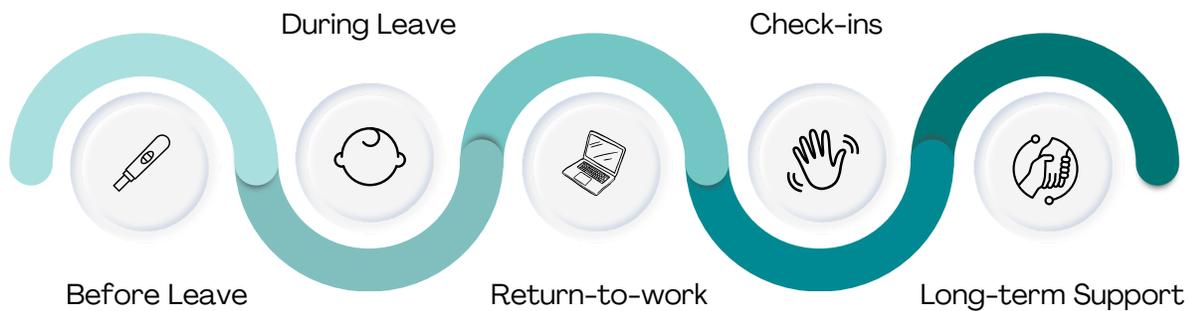
# The Parento Parent Experience



From pre-conception to pre-teen, Parento offers employees and their partners unlimited access to personalized support. Our parent experience program is built on the expert guidance of a trained postpartum doula and certified parent coach, dedicated to improving parenting confidence, mitigating concerns, providing a toolbox of resources to parent well, and empowering a healthy work-life integration. *Support is unlimited and confidential.*



[Schedule an Initial Consultation](#)



## Personalized Parent Experience Offerings

Three different offerings allow employees to mix-and-match what works best for them.



### Parent Coaching

Virtual one-on-one sessions with an expert parent coach for help with work-life, parent questions and concerns, and high-touch emotional support at any parenting stage. Includes a postpartum anxiety and depression screening for all parents.



### Parental Leave Pathways

Design and build a personalized birth, parental leave, and return-to-work plan alongside a parent coach and postpartum doula. Work together to identify and mitigate obstacles before and during leave, set communication parameters, and build your personal parental leave plan.



### Parento Pods

Virtual group coaching cohorts for parents who want to build connection with others, hear different perspectives, and create a community of support. Sessions are led by an expert parent coach and include key take-aways and actionable steps.